

2009 High School Coaches Clinic

Presented by Page High School



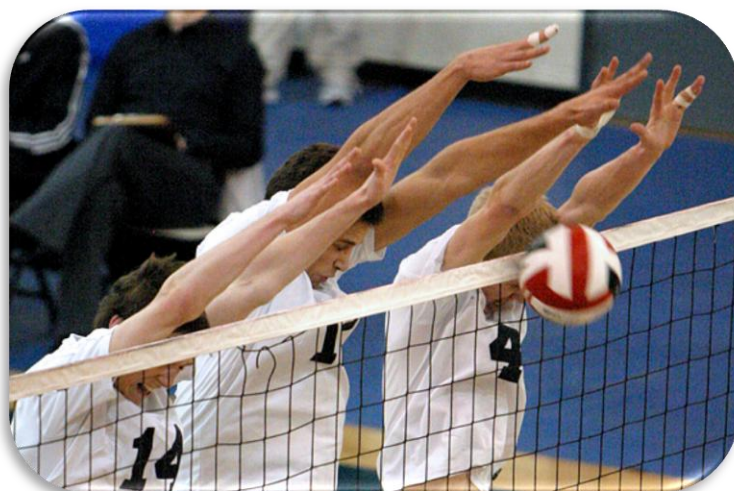
July 11th, 2009

9:00am - 3:00pm

(lunch provided)

Page High School gym

6281 Arno Road
Franklin, TN 37064



Coaches Clinic topics will include:

- How to Build and Maintain a Successful High School Program
- Teaching ball control at all levels of competition
- Serving Techniques and Strategies
- How to Get the Most Out of Your Players
- Daily practice planning techniques
- Training Individual defense & Intensity
- Developing an Offensive System for your level of competition
- Secret to successful Team Defense
- Serve receive techniques and rotations
- Live demonstration of over 50+ drills by the Page HS team



CLINIC DIRECTOR

Troy Helton – High School & Club Coach

Coach Helton has had tremendous success in coaching the sport of volleyball. His love for the game is evident in the way he coaches, in the meticulous way he prepares each practice, and in his ability to scout opponents. Troy's passion is for growing volleyball wherever he lives and teaching his fellow HS coaches the secrets to building & maintaining a successful volleyball program.

COST

\$50 per coach (who register by June 30th)

\$75 per coach (at the door)

\$25 each additional coach from same high school program

REGISTER

helton115@yahoo.com

Each coach will receive a binder of camp notes & drills. Gift bags & lunch will also be provided.